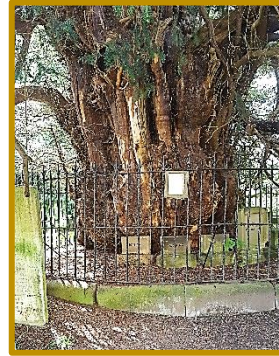


St Helen's Church Magazine June 2024



Shared services with other local churches:

Sunday 16th 10.30am United Churches Service

at St Mary's, Cromford, with Bishop Malcolm

Sunday 30th 11.00am United Benefice Holy Communion at

St Helen's, welcoming Holy Trinity, Matlock Bath and

St Mary's, Cromford



Do come and join us



We do not charge for our magazine but please give a regular donation towards the cost of production.

Revd. Stephen Monk - Rector of St. Helen's



10 Normanhurst Park, Darley Dale, Matlock DE4 3BQ Tel. 734257
Email: rev.stephenmonk@btinternet.com

Churchwardens

Steve Walker



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Chris Long



01629 735778

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Penny Dakin (Secretary)	
David Wills (Treasurer)	davidr.wills@icloud.com
Freda Brill (Safeguarding)	733360
Chris Townsend	56622
Ann Bradley (Verger)	735776
Roger Young (Deanery Synod)	<u>mrrby54@gmail.com</u>
Susan Young (Deanery Synod)	

Church Social Committee

Roz Woodley	733033	Penny Dakin	
Sandra Brown		Janet Rickinson	
Stephen Monk	734257	Chris Townsend	56622

Please feel free to contact any member of the PCC or Social Committee if you have a question or suggestion.

www.sthelensdarleydale.org.uk

New website coming soon

June Letter

When visiting older members of our communities, or people in our nursing homes, care homes and hospitals, there is often an undertone of feeling useless, feeling a hindrance and feeling that people have nothing to 'give' or 'offer'. It's hard to put forth another point of view because people have been taught that to be busy and active is to be productive. I know from my own spinal surgeries there is a need to balance doing nothing (resting and recharging) and baby steps, keeping mobile. However, to say to someone who walks 10 miles around the Derbyshire Dales, walking up and down the road isn't much to boast about.

Someone said prayer is 'wasting time with God.' Prayer is not a way of being busy with God instead of with people. In fact, it unmasks the illusion of busyness, usefulness, and indispensability. "It is a way of being empty and useless in the presence of God and so of proclaiming our basic belief that all is grace and nothing is simply the result of hard work. Indeed, wasting time for God is an act of ministry, because it reminds us and our people that God is free to touch anyone regardless of our well-meant efforts." *Henri Nouwen*. Prayer as an articulate way of being useless in the face of God brings a smile to all we do and creates humour in the midst of our occupations and preoccupations. I know as my eldest is sitting his GCSEs as I write this, I'm tempted to say longer and more flowery prayers. Whereas the truth is I am powerless to do anything and a simple, faithful sentence is all that's needed.

Thinking about my own prayer, I realize how easily I make it into a little 'holy lesson' with God, during which I want to be useful by reading beautiful prayers, thinking profound thoughts, and saying impressive words. I am obviously still worried about the grade God might give me! "It indeed is a hard discipline to be useless in God's presence and

to let him speak in the silence of my heart. But whenever I become a little useless, I know that God is calling me to a new life beyond the boundaries of my usefulness.” *Henri Nouwen*

God calls us to be still and rest, as well as be busy and work. Trust God for God has truly got our backs.

With love and prayers.

Stephen

(See Page 12)

Peace I leave with you; **my peace** I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

John 14.27

St Helen's Gallery



Enjoying the lovely scones and cakes at David and Diana's first Christian Aid tea.

The Thursday 1.00pm Bible Study 'Forward in Faith with Ephesians'



After the service and APCM at St John's on Sunday 14th April

Looking ahead – St Helen’s and the United Benefice

Sunday 16th June 10.30am United Churches Service at St Mary’s, Cromford

Our local churches meet together. We come to share in worship and praise.

Service followed by buffet lunch

On Sunday 30th June our United Benefice welcomes our brothers and sisters from Holy Trinity, Matlock Bath and St Mary’s Cromford. They will join us for the service, starting at 11.00am, and afterwards at a buffet lunch. Penny Dakin is putting together a list of who plans to come, so we know numbers to cater for. She will be checking with you over the next few weeks.



Also over the next few weeks, Roz Woodley will be asking you to contribute food towards the buffet (you will be allocated a specific selection to bring).

We want this to be a time of celebration and sharing to affirm our closer links as Stephen is the priest in charge to both benefices.

13th & 14th July - a weekend when we support local hospices who care for those who are terminally ill.

Our **Coffee Morning on July 13th** is in aid of **Ashgate Hospice.**

On **Sunday 14th** our linked charity in the All-Age Community service is **Bluebell Hospice.**

We pray both will be well attended and that we all come with generous hearts and purses!





Holiday Club – Friday August 9th and Saturday 10th August

Valley CIDS will be running a two-day holiday club from 10.00am to 2.00pm. They are offering this as a gift to us. We have to supply refreshments and support. Do keep it in your prayers and consider what ways you can support it. More details to come. It is a wonderful way to reach out to children and share the love of God with them through fun and friendship.

St Helen's Diary

Open Door Sunday 2nd June 2.00 – 3.00pm



Chill and Chat with Coffee Toddler Group in St Helen's Church Hall

Thursdays 8.45 to 11am term time only

Coffee bar open for tea, coffee, toast and biscuits throughout the morning. Children's snack followed by singing and story time at 10.15. No charge but donations to cover the costs welcome if you are able.



The church is also open for quiet reflection and prayer

Thursday Coffee Social – most Thursdays

12noon to 2.00pm In St Helen's Church Hall –

a space and time to relax and enjoy good company. Everyone is welcome. Light refreshments available. Please bring your own packed lunch.



On the **6th June** there will be the last afternoon session of **Forward in Faith with Ephesians 1.00pm to 2.00pm approx.** Do come to both! Friendship and fellowship around coffee and then the bible. What could be better?

Prayer Meeting Saturday 8th June

9.30 – 10.00am in church

You can pray as you feel led or prepare something in advance. You don't need to pray aloud at all, other than an Amen at the end of a prayer. Don't forget there's coffee/tea and cake in the hall afterwards!



The Saturday Coffee Morning –

Saturday 8th June 10.00am in the Church Hall



Home-made scones and cakes and a time to relax with friends. Take time out from Saturday chores and come and join us! Bring a friend or neighbour! Or both!

If you are a baker, a cake contribution would be great!

Monday Lunchers

Salt 10th June and Pepper 17th June

11.45 am for 12noon at the Whitworth Terrace Café
For more information contact Kath on 01629 732805



Ecumenical Holy Communion

Friday 14th June 11.00 a.m. at Darley Methodist Church

Come if you can for a time of worship and fellowship with our Methodist brothers and sisters.



Home Groups and the Worship Group

On the 6th June the Thursday Bible Study Groups will be suspended to take part in the last joint bible study – Forward in Faith with Ephesians – 7.00pm in the Church Hall.

If the Ephesians study was your first experience of being part of a bible study group, and you want to do more, you are most welcome to join one of our existing home groups.

Thursday Ecumenical Home Group (meets fortnightly)

For more details contact Margaret on 735778. New people welcome.



Thursday Group (term time only) led by Diana Wills

In winter we meet on Zoom (2x30minute sessions).

In the summer we meet at Diana and David's. For details contact

Diana on: dwills@doctors.org.uk

The Worship Group meets most Wednesdays 6.00pm in church, as arranged. Contact Dea Ayling or Stephen and Jayne Walker for more information and if you are interested in joining.



Around the Benefice and the Matlock and Darley Dale Areas

St John's, Winster, Café in the Church



1.00-4.00pm Saturday and Sunday. Home-made scones, cakes and savouries with fresh coffee or tea at a very reasonable charge. Just the ticket after a lovely walk in the surrounding area or just pop in for a quality

time with friends.

Growing your faith - Looking at God

Editor: For the footie fans among you, in particular!



Canon Paul Hardingham considers the similarities between faith and sport.

The Euros 24

A former Liverpool Manager Bill Shankly famously said, 'Some people believe football is a matter of life and death, I am very disappointed with that attitude. I can assure you it is much, much more important than that!'

This month sees the start of the UEFA Euro 24 football tournament, which will be watched by millions across Europe and the world. Yet it also illustrates some key points about the Christian life. As Paul writes: *'But one thing I do: forgetting what is behind and straining towards what is ahead, I press on towards the goal to win the prize for which God has called me heavenwards in Christ Jesus.'* (Philippians 3:13b,14).

A prize to be won: The dream of every player in the competition is to be able to hold up the Cup themselves. For us the prize is the eternal life, God's gift of relationship with Him for now and eternity through Jesus. But there's an important difference between football and the Christian faith. To win the Euros you have to be good enough, while Christ's love for us is undeserved and is not dependent on how well we've done.

Training to be undertaken: If a team is going to win Euro 24, they need to have trained hard beforehand. Our training, as Christians, starts the moment we accept the gift of God's life. On a daily basis, we must train ourselves to say *no* to the wrong things in our lives.

As we build up our *godly muscles*, we are better able to choose to do what is right in God's eyes. To enable us to do all this we need to engage in the spiritual disciplines of prayer, studying the Bible and being part of a church and small group. How is your training going?

Editor: By the Revd Peter Crumpler, a Church of England priest in St Albans, Herts, and a former communications director for the C of E.

Chaplains keep faith in football

Chaplains are playing a vital role in the Premier League and other leagues across the UK.



Currently 11 English Premier League clubs and 55 Football League clubs have chaplains, with some clubs having more than one. There are also chaplains throughout the National League and in lower league clubs. The growth in women's football has led to more chaplains being appointed to serve women's teams.

Matt Baker is National Director for England overseeing all of English Sport for Sports Chaplaincy UK. He combines the role with being

chaplain at London's Charlton Athletic, a position he has held since March 2000.

He explains: "The role of the chaplain is to be pastorally proactive and spiritually reactive. This means being regularly present, listening and supporting people whether they have a faith or not.

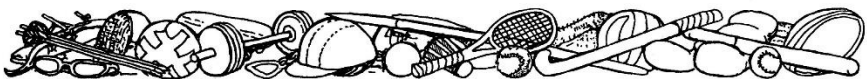
"From a spiritual perspective an example of this was when a player asked me 15 years ago whether I would pray with him before a game. On the first occasion there were a couple of players and we prayed together before every game for the rest of that season.

"This has continued ever since as there always seem to be Christian players in the squad and so pre-match prayers before a home game have become a part of the regular routine for those wanting it. When we have had players of other faiths a room has also been made available for prayers for them as well."

Matt loves his role. He tells me: "I'm a people person so I love being around staff and players, getting to know them, listening and helping to support wherever I can. It's a tremendous privilege to be a chaplain at a football club and I never take that lightly."

Many churches have local football and other sporting clubs on their doorsteps and may want to see if a chaplaincy might be possible. What would Matt's advice be to Christians wanting to make the connection?

He tells me, "Get in touch with us at Sports Chaplaincy UK. Depending on an individual's location and sport we can advise on any vacancies we are aware of, guide them through any openings and offer the relevant sports chaplaincy training and support."



Editor: Tony Horsfall, a retreat leader and author recommends a different type of prayer....

Using Rest to Pray

Most of us think of prayer as a very demanding activity, but did you know it can be extremely restful?



One of the great verses in the Bible says this: 'Be still and know that I am God' (Psalm 46:10). It suggests we experience God most fully when we are still. When we cease rushing around, pausing for a moment of thought and recollection, we are becoming prayerful, and God is very near. Even a break for a morning coffee can be a moment of prayer, if we slow ourselves down and allow our thoughts to turn towards God.

An essential part of resting is to breathe slowly. Christian tradition has always made a connection between prayer and breathing. You can learn to pray to the rhythm of your breathing, using chosen prayer words to focus. As you breathe in, you might say 'Abba', and then as you breathe out, add the word 'Father'. Choose words which are meaningful to you, deliberately slowing your breathing so you become relaxed and peaceful.

Perhaps you have a favourite chair where you are able to unwind easily. For a few moments sit and do nothing. Simply become aware of the present moment, reminding yourself you are in the presence of God. As you feel yourself relax, bask in the knowledge of God's love and acceptance of you. Sense His smile of approval upon you. You don't have to do anything, just 'be' for a moment. This too is prayer.

Sometimes we are forced to rest by circumstances... illness, disability, growing older and so on slow us down and we can't rush around like we used to do. Never mind. Don't fight against your circumstances. Enter into the place of rest that God is giving you. He loves you for who you are, not for what you do. Turn your thoughts into prayer and offer

them to God. You don't need to advise God as to what He should do; simply hold people before Him, leaving the outcome to Him.

Prayer should be a natural expression of our relationship with God. Sometimes we have words, sometimes silence is enough. We don't need to impress God with our fervour. We can relax and be rested, even as we pray.

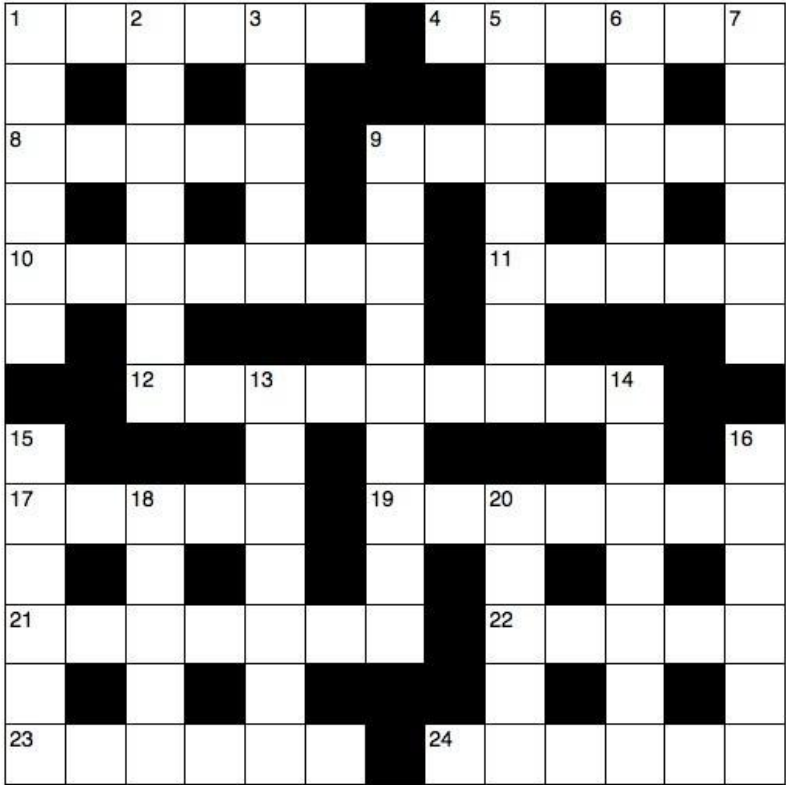
The lighter side of church life.....



Thankfully, Stephen and David's approach is much gentler but we do need to be generous in giving. Maybe time to review how much?

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Across

- 1 Military tactic used by Joshua to attack and destroy the city of Ai (Joshua 8:2) (6)
- 4 Place of learning (6)
- 8 'When Moses' hands grew — , they took a stone and put it under him and he sat on it' (Exodus 17:12) (5)
- 9 Unpleasant auguries of the end of the age, as forecast by Jesus (Matthew 24:7) (7)
- 10 Stronghold to which girls in King Xerxes' harem (including Esther) were taken (Esther 2:8) (7)
- 11 Where Saul went to consult a medium before fighting the Philistines (1 Samuel 28:7) (5)

- 12 Propitiation (Hebrews 2:17) (9)
- 17 Turn away (Jeremiah 11:15) (5)
- 19 So clear (anag.) (7)
- 21 'I have just got — , so I can't come': one excuse to be absent from the great banquet (Luke 14:20) (7)
- 22 Long weapon with a pointed head used by horsemen (Job 39:23) (5)
- 23 Musical beat (6)
- 24 What the Israelites were told to use to daub blood on their door-frames at the first Passover (Exodus 12:22) (6)

Down

- 1 Fasten (Exodus 28:37) (6)
- 2 Art bite (anag.) (7)
- 3 'The people of the city were divided; some — with the Jews, others with the apostles' (Acts 14:4) (5)
- 5 Contend (Jeremiah 12:5) (7)
- 6 Possessed (Job 1:3) (5)
- 7 Sheen (Lamentations 4:1) (6)
- 9 'You love evil rather than good, — rather than speaking the truth' (Psalm 52:3) (9)
- 13 Large flightless bird (Job 39:13) (7)
- 14 They were worth several hundred pounds each (Matthew 25:15) (7)
- 15 'A — went out to sow his seed' (Matthew 13:3) (6)
- 16 How Jesus described Jairus's daughter when he went into the room where she lay (Mark 5:39) (6)
- 18 The part of the day when the women went to the tomb on the first Easter morning (John 20:1) (5)
- 20 Narrow passageway between buildings (Luke 14:21) (5)

Answers on Page 19

Smile Lines

Advice to young clergy on preaching

‘Consider the postage stamp. Its usefulness consists in its ability to stick to one thing until it gets there.’

Descriptions

Dust: Mud with the juice squeezed out.

Inflation: Cutting money in half without damaging the paper.

Raisin: Grape with a sunburn.

Mosquito: An insect that makes you like flies better.

Beauty salon: Where women curl up and dye.

Cannibal: One who is fed up with people

Committee: A body that keeps minutes and wastes hours.

Newspaper headlines where you know what they meant, *but....!*

Couple Slain; Police Suspect Homicide

Red Tape Holds Up New Bridges

Man Struck by Lightning: Faces Battery Charge

New Study of Obesity Looks for Larger Test Group

Astronaut Takes Blame for Gas in Spacecraft

Kids Make Nutritious Snacks

Local High School Dropouts Cut in Half

Hospitals are Sued by Seven Foot Doctors

Typhoon Rips Through Cemetery; Hundreds Dead

Maths lesson

The only place where you can buy 64 avocados without anyone wondering why.

(Or the speed at which a train is coming towards your train and the time it will take. Who cares as long as they are on different tracks?!

Chris)

Looking at church – around the world and at home

Christian leaders killed or disappeared in occupied Ukraine

Into the third year of Russia's occupation of parts of Ukraine, Christian leaders are still being killed, tortured and disappeared. And in Russia, priests who oppose Putin's invasion continue to be imprisoned or silenced.



“As President Putin begins his fifth term our partners describe growing pressure on the Church,” says Paul Robinson, CEO of UK-based Release International, which supports persecuted Christians worldwide.

“And yet,” he says, “in the face of fear, insecurity and oppression, hunger for the gospel is growing. We hear reports of churches packed to overflowing and many giving their lives to Christ.”

In February, the body of a Ukrainian Orthodox priest was found in the streets of Kalanchak in Russian-occupied Kherson. He was 59-yr-old Stepan Podolchak. According to his bishop, Russian military forces had “tortured Fr Stepan to death”.

He's not the first Christian leader to be dragged away and dispatched by the occupying forces.

Fr Stepan Podolchak was seized on 13th February and hauled away barefoot with a bag over his head, according to Norway-based human rights organisation Forum 18. His bruised body was found lifeless in the street two days later.

Some reports say he had been shot in the head. But the official cause of death was given as a heart attack.

The Kyiv-based Centre for Journalistic Investigations told Forum 18, “He prayed for Ukraine, even under occupation. Apparently because of this the Russians took away his life.”

It’s believed he was taken by operatives of the Russian Interior Ministry’s Centre for Countering Extremism. Increasingly, denominations other than President Putin’s Russian Orthodox are being regarded as extremists.

Along with other priests, Fr Podolchak had been pressured to desert the Ukrainian Orthodox Church and join the Moscow Patriarchate.

United Nations Special Rapporteurs have stated in writing to the Russian authorities their ‘serious concern for the alleged enforced disappearances and torture... of clergy in the occupied territories’.

In areas of Crimea and Ukraine taken over by Russia since 2014, many religious groups have faced increased persecution under military rule. Churches forcibly closed include those of the Orthodox Church of Ukraine, Baptists, and Greek Catholics.

In the Eastern Ukraine town of Balaklija, the Russian-appointed city mayor went into the chapel and declared: ‘There will be no God here. There will be no Christians. Only the Moscow Orthodox Church.’ The occupiers looted the building before confiscating it.

Sudan – one of the world's worst humanitarian crises



World Vision is appealing for support for its work in Sudan. Since the war broke out last Spring between the Sudan Armed Forces and the Rapid Support Forces, over nine million people have had to flee their homes.

Now John Makoni, National Director of World Vision Sudan, warns: *“Sudan is currently quite possibly the worst place in the world for a child to live, due to the huge numbers of boys and girls affected by the conflict,”* explains Makoni. *“but also because of the full range of physical and emotional challenges they face. Children are literally being starved, abused, and traumatised by what they are experiencing and witnessing. Many have fled the violence but have been unable to find any real safety.”*

Before the war, World Vision’s work in Sudan focussed on providing clean water, sanitation, income generation, and health and nutrition activities. Even then, Sudan was facing a severe hunger crisis and rising levels of child malnutrition, with one in three in need of humanitarian assistance.

But now, according to the World Food Programme (WFP), today more than half the population are struggling with hunger and malnutrition, while **about 19 million are acutely food insecure and nearly four million children under five are malnourished.**

Most of these people are stuck in places that are hard to access due to the conflict.

According to the [UN Committee on the Rights of the Child](#), some 24 million children in Sudan are “at risk of generational catastrophe”.

If you would like to support World Vision in its efforts to help, please go to:

<https://www.worldvision.org.uk>

Crossword Solution ACROSS: 1, Ambush. 4, School. 8, Tired. 9, Famines. 10, Citadel. 11, Endor. 12, Atonement. 17, Avert. 19, Oracles. 21, Married. 22, Lance. 23, Rhythm. 24, Hyssop.
DOWN: 1, Attach. 2, Biretta. 3, Sided. 5, Compete. 6, Owned. 7, Lustre. 9, Falsehood. 13, Ostrich. 14, Talents. 15, Farmer. 16, Asleep. 18, Early. 20, Alley.

Looking at You

Watching birds is positively good for you

So says a new study out of North Carolina State University. It goes on to say that watching birds is even more beneficial to us than watching other forms of wildlife.



The new study found that birdwatchers recorded ‘distress’ levels dropped by 13.7 per cent, compared to that of nature-walkers’ at 6.9 per cent.

The study suggests that the reason may be that birds provide their own narrative and sense of drama, which can be enough to lift someone watching them out of the everyday.

The author and presenter Kate Humble agrees. “There is something reassuring about life continuing and nature just getting on with it, even if it feels like the rest of the world is falling to bits. Birdwatching makes me feel part of a bigger, richer, beautiful picture.”

“Birds give me an excuse to explore and find some solitude and calmness away from the bustle of life,” says James Lowen, author of *52 Wildlife Weekends*. “It helps put me in my place.”

Forget the lift. Use the stairs



Climbing stairs may be a hassle, but they could cut your risk of early death by a quarter.

So says a recent major study on heart health.

The study was presented to the recent European Society of Cardiology conference, and said that

people who climb stairs regularly can achieve a 39 per cent lower likelihood of dying from heart attack, heart failure and stroke.

One of the researchers, Dr Sophie Paddock, of the University of East Anglia and Norfolk and Norwich University Hospital Foundation Trust, in Norwich, said: “If you have the choice of taking the stairs or the lift, go for the stairs as it will help your heart.

“Even brief bursts of physical activity have beneficial health impacts, and short bouts of stair climbing should be an achievable target to integrate into daily routines.”

Physical inactivity is associated with one in six deaths in the UK, according to a report compiled by the Office for Health Improvement and Disparities.

Dr Paddock said: “Based on these results, we would encourage people to incorporate stair climbing into their day-to-day lives. So, whether at work, home or elsewhere, take the stairs.”

Editor: This is a topic which affects all of us – plastic pollution!

This is a rubbish campaign

Our world has an urgent rubbish problem. But Christians are uniting to take global action.

So says the charity Tearfund, as it launches a campaign to highlight the threat of the growing mountains of plastic pollution.



“Two billion people have no safe way to dispose of rubbish, and it’s people in poverty who are suffering the worst impacts of this rubbish problem,” says the charity. “They are forced to live and work among

piles of waste, which is making them sick, releasing toxic fumes, flooding communities and causing up to a million deaths each year.

“But Jesus told His followers that even the smallest amount of faith can move mountains. So, we are asking you to put your faith into action and join us in demanding an end to plastic pollution.”

And just now there is a “once-in-a-lifetime opportunity to do just that,” explains Tearfund.

“During 2023 and now 2024, nearly 150 governments have been meeting to develop the [first-ever global treaty on plastic pollution](#). But it’s not a done deal. Please add your voice to demand an end to plastic pollution and its harmful impact on people living in poverty.”

If you would like to know more and consider signing the petition, go to: <https://www.tearfund.org/campaigns/rubbish-campaign>

Tearfund is part of the Renew Our World and #BreakFreeFromPlastics coalitions.

Ed’s Endings

Recycling at St Helen’s

We are rethinking our approach to recycling at St Helen’s. The Wardens and the Standing Committee felt the system using different cardboard collecting containers had become unhygienic and posed a fire risk.



As someone committed to recycle as much as possible, I hope an alternative solution can be found. I feel as a Christian community we should do what we can to promote and encourage recycling, as an expression of our love for and care of the world God has given us.

However, it is clear that the system was no longer working properly, and change was needed. The Standing Committee will discuss this at their next meeting. In the meantime, **we are now asking all people to take their rubbish and recycling home with them.**

I do urge you to recycle as much as you can. Don't forget that all supermarkets now collect soft plastics. Locally we have the Co-op, Marks and Spencer (both with containers inside the store) and Sainsbury's – two large containers to the right of the main door and the Timpson shoe repair, dry cleaning outlet.



We also have the Recycling Centre on the A6 before Rowsley. If you have an item which is too large to put in your bins at home and don't have a car, I am sure there will be someone at church to take it for you.



Most of us won't see the worst of the effects of plastic pollution, nor global warming – the partner issue – but



we have children, grandchildren and great-grandchildren. Let's leave a better legacy for them. Plus, so many of the poorer nations already suffer real and disastrous consequences. Doing what we can makes a difference. As one of our major retailers says 'Every Little helps'.

Chris Townsend

All items for the next magazine to be with me by the 15th June, please:

christownsend2@sky.com

Please note it will be a double issue, July and August, so please let me know if any regular events are taking place or are suspended in August.

Monday Evening Zoom Sessions: Details and access invitation:

christownsend2@sky.com

We will be continuing the 2-session Bible Study

United Benefice Services in June

St Helen's:

- Sunday 2nd 11.00am Holy Communion
2.00pm Open Door
- Sunday 9th 8.00am Holy Communion BCP
10.00am Family Service at St Mary's
- Friday 14th 11.00am Ecumenical H C Darley Methodist Church
- Sunday 16th **10.30am United Churches Service**
at St Mary's, Cromford, with Bishop Malcolm
6.00pm Celtic Holy Communion
- Sunday 23rd 11.00am New Beginnings
- Friday 28th 11.00am Holy Communion
- Sunday 30th **11.00am United Benefice Holy Communion**

St Mary's:

- Sunday 2nd 10.00am Holy Communion
- Sunday 9th 10.00am **Family Service**
- Sunday 16th **10.30am United Churches Service**
at St Mary's, Cromford, with Bishop Malcolm
- Sunday 23rd 10.00am Morning Prayer
- Sunday 30th **11.00am United Benefice Holy Communion**
at St Helen's

St John's:

- Sunday 2nd No service
- Sunday 9th 4.00pm Café Service
- Sunday 16th **10.30am United Churches Service**
at St Mary's, Cromford, with Bishop Malcolm
- Sunday 23rd No service
- Sunday 30th **11.00am United Benefice Holy Communion**
at St Helen's
3.00pm Wakes Service