

# *St Helen's Church Magazine*

## *September 2024*



**11.00 -11.45am on Sunday 8<sup>th</sup> September**  
**All Age Community Service**

**Come and join us and Emma of the Holiday Club team for  
a bit more summer fun. Supporting Valley Kids**

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**Do you have big questions about the Christian faith?**

**Stay curious – try Alpha**

**Alpha @ St Helen's starts**

**Thursday 12<sup>th</sup> September 7.00pm in the Church Hall**

**See page 5 for more details**



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We do not charge for our magazine but a contribution towards publishing costs would be most welcome.

## Revd. Stephen Monk - Rector of St. Helen's



10 Normanhurst Park, Darley Dale, Matlock DE4 3BQ Tel. 734257  
Email: rev.stephenmonk@btinternet.com

### Churchwardens

**Steve Walker**



01629 55863

**Chris Long**



01629 735778

### Joint Parochial Church Committee Members for St Helen's

Penny Dakin (Secretary)	
David Wills (Treasurer)	davidr.wills@icloud.com
Chris Townsend	56622
Ann Bradley (Verger)	735776
Roger Young (Deanery Synod)	<a href="mailto:mrrby54@gmail.com">mrrby54@gmail.com</a>
Susan Young (Deanery Synod)	
Sharon Hawkins (Safeguarding)	

### Church Social Committee

Roz Woodley	733033	Penny Dakin	
Sandra Brown		Janet Rickinson	
Stephen Monk	734257	Chris Townsend	56622

**Please feel free to contact any member of the PCC or Social Committee if you have a question or suggestion.**

[www.sthelensdarleydale.org.uk](http://www.sthelensdarleydale.org.uk)

**New website [www.darleydale-southdarley-winster-churches.org.uk](http://www.darleydale-southdarley-winster-churches.org.uk)**

## A Thought

“Those who are Baptized are called to worship and serve God... to continue in the teaching of the Apostles and the breaking of the bread.... and will proclaim by word and example the Good News in Christ... serving God in all people and loving your neighbour as yourself.”

Here is part of the Sending out of the newly Baptised. All Christian Churches acknowledge the person who is baptised in the Name of the Trinity. So, Baptism is a one-off event; a one-off outpouring of the Grace of the Holy Spirit into our lives. Yet, we always must remember that this Amazing Grace isn't magic. Like a person who is bed-bound loses their muscle mass, so those who don't worship God and serve other people with great generosity and joy lose some of their 'spiritual' muscle mass. Even more, the less we celebrate what it means to be a Christian the more we become cold and barren. One of the greatest images to think on here is the story by Oscar Wilde called the Selfish Giant.' The coldness of the Giant's heart has a life denying effect on the home and garden where he lived.

It's a terrible thing for people to meet a Christian who is cynical and joyless, or even worse miserable. Many who suffer much still seem to have a deep joy which neither their illness nor condition or circumstances steal from them. Do we allow things to steal our peace? Do we allow conditions to rob us of our joy and happiness and love of serving other people?

Two universal truths: 'Life is Hard' and yet 'We are loved by God'

So as Christians we acknowledge the challenges of this world but endeavour to make our world better in small ways each day. Think of how we can improve life for others near and far – each day. However great life's challenges are, God's love, grace and forgiveness are far greater. So maybe in this month we can ask ourselves two questions:

‘How can we receive the peace and joy of Christ?’ and ‘How do we serve people who have very serious needs in our community?’

I have to say after nearly every funeral I have taken there is always a sense that the person lived the best they could for their loved ones but often also for their communities - our communities. Some showed love in quiet ways and some in more obvious ways. All of us can make a difference, because we’re all member of the Body of Christ. I finish now with the final part of the sending out from the Baptism Service. “May Christ dwell in your hearts through faith; that you may be rooted and grounded in love and bring forth the fruit of the Spirit.” God bless you in your goodness.

Love & Prayers.

**Stephen Monk (Revd)**

### **Roy Brown**

Not everyone in our fellowship knew Roy as his health meant he became increasingly immobile over the recent years, and was unable to come to church. His journey on the long road of ill health, which he bore with fortitude and without complaint, came to an end when he died on the 5<sup>th</sup> August, and he is now home with the heavenly Father.

His funeral is this **Tuesday 3<sup>rd</sup> September at 11.00am.**

Sandra and all the family would value the support of the fellowship and church friends so do come if you can.

May we continue to hold them all in our thoughts and prayers as they grieve his loss.

‘What no eye has seen, what no ear has heard,  
and what no human mind has conceived’—

the things God has prepared for those who love him – ‘  
these are the things God has revealed to us by his Spirit.

1 Corinthians 2.9-10, Isaiah 64.4

## Happening in September – special events

**11.00 -11.45am on Sunday 8<sup>th</sup> September**  
**All Age Community Service at St Helen's Church**



Summer is not quite over yet!  
Come and join us and Emma of the Holiday Club team for a bit more summer fun.

Supporting Valley CIDS.



An informal Service for all the family.  
Everyone welcome! Do come and join us.

Tea, coffee or squash and biscuits will be served from 10.40am. before the and service and again after it in the Church Hall.



There are activities for children during the service and a play area for preschool children.

**Alpha @ St Helen's**  
**Starts on Thursday 12<sup>th</sup> September**  
**7.00 – 9.00pm in the Church Hall**



Curious about faith? Alpha is a series of group conversations that freely explore the basics of the Christian faith in an open, friendly environment. You have a chance to share your thoughts and hear what others think. Everyone's welcome. No matter your background or beliefs, you're invited.

There is still time to book on, just fill in the back of the invitation, there are plenty in church and in the church hall or email:

[StHAlpha204@gmail.com](mailto:StHAlpha204@gmail.com)

**Come to Celebrate Darley Dale  
at an 11.00 a.m. Service  
at St. Helen's Church on Sunday 15<sup>th</sup> September.**

**An opportunity for everyone to come together  
to celebrate all the wonderful things  
which happen in our Darley Dale community**

**and all the wonderful people  
who work in and serve our community**

Let us know what you like best about Darley Dale by  
emailing a sentence to

[sthelenschurchtown@gmail.com](mailto:sthelenschurchtown@gmail.com)



**Church cleaning day on 7th September  
(10.00am to 12noon)**

If you can't come on the 7th you can volunteer to  
clean an area of the church on a day more  
convenient to you, just let a member of the Social  
Committee know which area.



The next **Sacred Space Service** will be A Celtic  
**Communion** held on **Sunday 22nd September at 6.00p.m.** in  
St Helen's Church Hall. It will be led by Rev. Malcolm Pyatt.

Supporting

**MACMILLAN  
CANCER SUPPORT**

The **United Benefice**  
**Macmillan Coffee Morning**  
will be on **Friday 27<sup>th</sup>** September at St. Mary's.  
Contributions of cake would be appreciated



The next **PCC Meeting is on Tuesday 24th September** and if anyone wants to raise an issue with the PCC they should let Stephen, a churchwarden, Penny, or any PCC member know, preferably in writing.

**The Churchtown School Service** will be held in St. Helen's church **10.30am. Thursday 26th. September.**

Please consider supporting this as all are welcome.

**Quiet Day - Celtic Spirituality**  
**Saturday 14<sup>th</sup> September**  
**10.00am – 3.45pm**  
**St Alkmund's Church Room,**  
**40 Kedleston Road, Derby. DE22 1GU**



A day to explore and experience the teaching on prayer from Celtic Spirituality. Cameron Butland will introduce the style of prayer from its origins in the fourth to eight centuries, and in its modern forms. The day itself will have two talks, time for personal reflection and three times of prayer.

The day is open to anyone who wishes to attend, it is essential though that everyone books into the day beforehand.

There is no charge but everyone attending will be invited to give a donation on the day. Please simply send an email to Cameron Butland by **10<sup>th</sup> September** to book your place:

[cameronbutland@gmail.com](mailto:cameronbutland@gmail.com)

*Lunch, please bring own packed lunch, drinks provided*

## September Diary

Open Door Sunday 1<sup>st</sup> September 2.00 – 3.00pm



**Chill and Chat with Coffee Toddler Group**  
**in St Helen's Church Hall**

**Thursdays 9.00am to 11am term time only**

Coffee bar open for tea, coffee, toast and biscuits throughout the morning. Children's snack followed by singing and story time at 10.15. No charge but donations to cover the costs welcome if you are able.



*The church is also open for quiet reflection and prayer*

**Thursday Coffee Social – most Thursdays**

**Starts again on the 5<sup>th</sup> September**

**12noon to 2.00pm** In St Helen's Church Hall –

a space and time to relax and enjoy good company.

Everyone is welcome. Light refreshments available.

Please bring your own packed lunch.

**Prayer Meeting Saturday 14<sup>th</sup> September**



## 9.30 – 10.00am in church

You can pray as you feel led or prepare something in advance. You don't need to pray aloud at all, other than an Amen at the end of a prayer. Don't forget there's coffee/tea and cake in the hall afterwards!



## The Saturday Coffee Morning

### Saturday 14<sup>th</sup> September 10.00am in the Church Hall

This will also be in aid of Macmillan as there are some of you who might not be able to get to St. Mary's on the 27th. You could of course go to both!!



Home-made scones and cakes and a time to relax with friends. Take time out from Saturday chores and come and join us! Bring a friend or neighbour! Or both!

**If you are a baker, a cake contribution would be great!**

## Monday Lunchers

Salt – 9<sup>th</sup> September

Pepper – 16<sup>th</sup> September

11.45 am for 12noon at the Whitworth Terrace Café

For more information contact Kath on 01629 732805



## Ecumenical Holy Communion

Friday 13<sup>th</sup> September 11.00 a.m. at St Helen's

Come if you can for a time of worship and fellowship with our Methodist brothers and sisters.

**Please note there is no Friday HC on the 27th.**

## Home Groups



## Thursday Ecumenical Home Group

**Dates in September** Thursday 12<sup>th</sup> September and 26<sup>th</sup> September  
7.30pm. For more details contact Margaret on 735778

## Thursday Group

led by Diana Wills  
Will not meet until after the Alpha Course has finished  
For details contact Diana on: [dwills@doctors.org.uk](mailto:dwills@doctors.org.uk)

**The Worship Group** meets most Wednesdays 6.00pm in church, as arranged. Contact Dea Ayling or Stephen and Jayne Walker for more information and if you are interested in joining.



## Looking ahead

**All Age Community Service Harvest Celebration, supporting Jigsaw Foodbank, followed by Harvest Lunch:  
Sunday 13<sup>th</sup> October 11.00am**



**Parish Weekend** for our local parishes starting **Friday 15<sup>th</sup> November** (in the evening), then **Saturday the 16<sup>th</sup>**, culminating with a service for all the parishes in **Holloway Church** on the morning of **Sunday 17<sup>th</sup> November**.

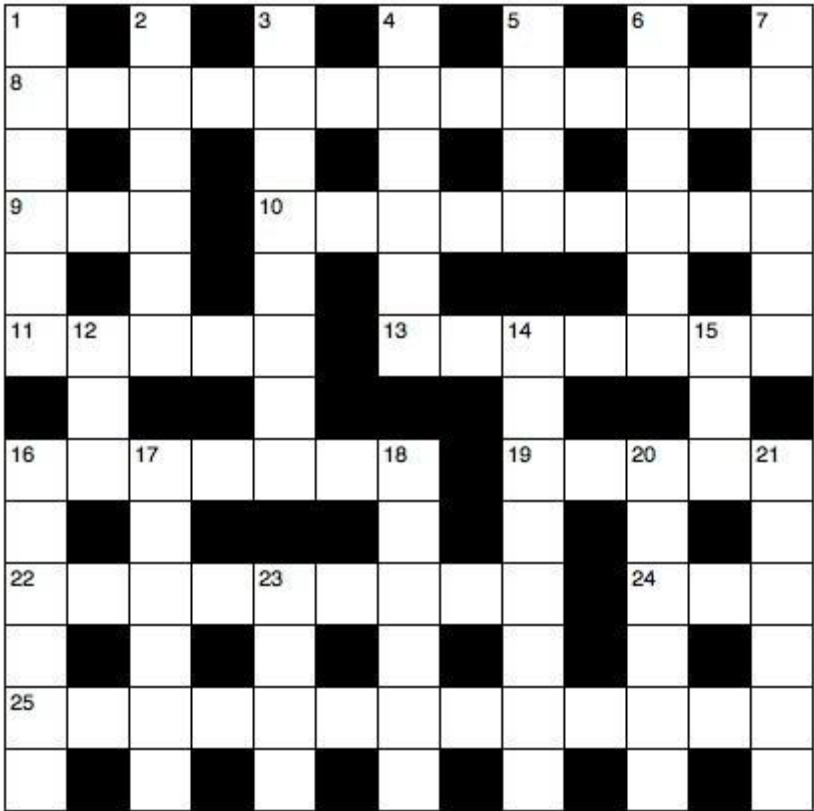
The theme consists of celebrating what we have done, celebrating what we do and looking at what we can do in the future.  
More information in the October magazine.

## The lighter side of church life



"How thoughtful, wearing something all the wedding guests could shelter under in case of rain."

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**Across**

- 8 Where the ark of the covenant was kept for 20 years (1 Samuel 7:1) (7,6)
- 9 One of the parts of the body on which blood and oil were put in the ritual cleansing from infectious skin diseases (Leviticus 14:14–17) (3)
- 10 Uncomfortable (3,2,4) 11 ‘Yet I have loved Jacob, but Esau I have — ’ (Malachi 1:3) (5)
- 13 Where Paul said farewell to the elders of the church in Ephesus (Acts 20:17) (7)
- 16 ‘Jesus bent down and — to write on the ground with his finger’ (John 8:6) (7)

- 19 Prophet from Moresheth (Jeremiah 26:18) (5)
- 22 Comes between Exodus and Numbers (9)
- 24 and 2 Down 'Then Elkanah went home to Ramah, but the boy ministered before the Lord under — the — ' (1 Samuel 2:11) (3,6)
- 25 There was no room for them in the inn (Luke 2:7) (4,3,6)

**Down**

- 1 Rough drawing (2 Kings 16:10) (6)
- 2 See 24 Across
- 3 Underground literature (including Christian books) circulated in the Soviet Union (8)
- 4 Lo, mash (anag.) (6)
- 5 The Bible's shortest verse: 'Jesus — ' (John 11:35) (4)
- 6 'Can a mother forget the baby at her — and have no compassion on the child she has borne?' (Isaiah 49:15) (6)
- 7 Can be seen in a dying fire (Psalm 102:3) (6)
- 12 'Send me, therefore, a man... experienced in the — of engraving, to work in Judah and Jerusalem' (2 Chronicles 2:7) (3)
- 14 Second city of Cyprus (8)
- 15 United Nations Association (1,1,1)
- 16 One of the women who first heard that Jesus had risen from the dead (Mark 16:1) (6)
- 17 Braved (anag.) (6)
- 18 — of Evangelism, outreach initiative in the 1990s (6)
- 20 'Woe to those who are wise in their own eyes and — in their own sight' (Isaiah 5:21) (6)
- 21 'Neither — nor depth... will be able to separate us from the love of God' (Romans 8:39) (6)
- 23 What Jesus shed in 5 Down (4)

**Answers on Page 22**

## For prayer and reflection

*Editor: Canon Paul Hardingham considers the needs of children.*

### Education Sunday

Education Sunday takes place on 8<sup>th</sup> September, as our children return to school after the summer break. It's good opportunity to ask what God thinks of children and how we can reflect this in our schools, churches and families.



*Children are valuable to God:*

*'Then people brought little children to Jesus for him to place his hands on them and pray for them. But the disciples rebuked them. Jesus said, 'Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these.'* (Matthew 19:13-14). Jesus' action shows the importance of children to God. In many cultures around the world, children are often abused, exploited or disregarded. God is committed to caring and protecting them and calls us to do the same.

*Children need nurture and guidance:*

*'Train up a child in the way he should go; even when he is old, he will not depart from it.'* (Proverbs 22:6 ESV). Gardeners will often attach plants to a pole or trellis to guide their growth. Children also need solid structure to keep their physical, emotional, social, and spiritual growth on track. We can support them in their growth and development, and we can be a godly example to them.

*Children need discipline:*

*'Discipline your children, and they will give you peace; they will bring you the delights you desire.'* (Proverbs 29:17). This is not easy and

requires the fruit of the Spirit: love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control (Galatians 5:22-23). Discipline is a sign of love, reflecting how God deals with us (Hebrews 12:7). In this way, they'll become adults who fulfil all that the Creator wants them to become.

As Jesus said, *'Whoever welcomes one of these little children in my name welcomes me'* (Mark 9:37).

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## **Back to school**

This month more than 10.7 million children will be going back to school. That means that millions of households across the country are now busy preparing for the big day.

Regular bedtime routines are back, packed lunches are planned, uniforms are washed and ready to go.

Some parents find it helpful to take children to the park for a good walk, or to go for rides on bikes or scooters in the final days of summer. The exercise will relieve stress, and help the children settle better at night.

For younger, perhaps anxious children, hugs are also very important. For all children, it is good to get them into the habit of feeling gratitude towards God for the positive things that happen in their daily lives, and for all the things that they already have.

While it is normal to feel a bit anxious before going back to school, there are things that parents can do to help. Praying with their children and reading a bit of a child's story Bible to them each night will encourage their faith and remind them that they don't have to face the ups and downs of school life all on their own.

*Editor: Paul Hardingham considers what it takes to be a disciple.*

## **And whatever you do!**

In the church today we sometimes assume that discipleship is more about the *sacred* part of our life, rather than the *secular as well*. Are we aware of what God is doing in our school, workplace, with friends and family, on our street or in our leisure time? Whole life disciples spend every day with an awareness of the presence of Jesus in their lives. As the apostle Paul writes:

*‘And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.’*  
(Colossians 3:17)

SO - we do ordinary things in the name or character of Jesus, i.e. *acting in the same way that Jesus would do if He were in our place*.

It’s helpful to think in terms of *frontlines*, the places where we spend most of our week:

*Everyone has a frontline*: young or old, working or not, sick or well. This could be our workplace, home, college, community or club.

This is *where God has called us!* God is at work on our frontline to shape and use us, making it a place where we can grow as a disciple and make a difference to those around.

As churches we need to be *committed to helping each other* see the significance of our frontlines in God's purposes. Are we supporting one another, especially in prayer? As one teacher put it: *“I spend an hour a week teaching Sunday school and they haul me up to the front of the church to pray for me. The rest of the week I’m a full-time teacher and the church has never prayed for me. That says it all.”*

With less than 6% of the UK population now going to church, God wants to use us as salt and light *wherever* we spend time. Christians

are exactly where they need to be to serve Him, so that others might see what a disciple of Jesus looks like, as we grow as disciples ourselves.

## In the (church) news

### End the ‘scandal’ of the need for food banks, General Synod hears

Public policy needs to address the ‘root causes’ of rising levels of poverty, the General Synod was recently told, in a debate where members voted to express concern over increasing levels of dependence on food banks.



Synod members noted the ‘major contribution’ to social welfare being made by churches and others in the provision of food banks, but said that some organisations providing emergency food aid were being driven to ‘breaking point’ by demand.

Members welcomed the help provided under the previous Government to less well-off households, but noted that this had not solved dependence which is being driven by ‘serious inadequacies’ in the social security system.

The Synod voted to back a call for the Church of England bishops to press the Government for a review of the adequacy of social security provision, and to consider the feasibility of introducing an ‘Essentials Guarantee.’

The Guarantee would tie the rate of benefits to the cost of essentials, measured annually through an independent process.

The Synod voted further to urge the bishops and in particular those in the House of Lords to engage with the Government and “strongly

encourage” the Government to do “everything possible” to bring about an immediate end to the two-child benefit limit.

Introducing the debate, on the Sheffield Diocesan Synod motion, Ven Malcolm Chamberlain, from the Diocese of Sheffield, told the Synod that the need for food banks was “nothing short of a scandal”.

He quoted figures from the Trussell Trust charity that their food banks had distributed more than 3.1 million emergency food parcels during the year ending in March.

This was the biggest number of parcels ever distributed in a single year, he said, and nearly double the number distributed five years ago. More than a million of these were to households with children, he added.

He said The Children’s Society expects the number of children living in poverty in the UK to reach five million this year.

“Foodbanks are an essential provision, but the Trussell Trust and others agree that they and other social initiatives are not a satisfactory way of tackling the underlying problem of poverty in our society,” he said.

“Public policy needs to go further upstream to address the root causes.”

He added: “Poverty is causing too much suffering and damage for us to simply accept it as an unavoidable inevitability. Despite the financial challenges, we are not a poor nation incapable of caring for our most vulnerable citizens.”

The debate heard several speakers from across the country giving examples of churches providing help to people struggling to cover basic costs.

## Church concern at the UK housing crisis

The ‘deep roots’ of the UK housing crisis requires a long-term strategy, as well as immediate solutions for homeless people and for those living in rural areas.

So said the Bishop of Chelmsford, Dr Guli Francis-Dehqani, in a recent debate in the House of Lords. As the C of E’s lead bishop on housing, she asserts: “Too often housing has been viewed as a financial asset, rather than a fundamental human need.”



She went on: “The housing crisis has been escalating for decades, so we should not under-estimate just how long it will take to fix. I cannot overstate the need for long-term thinking in tackling the housing crisis.”



In the meantime, rough sleeping continues to rise, and thousands of children remain in temporary accommodation.

Photo by [Matt Collamer](#) on [Unsplash](#)

You would think with the number of houses that have been built – just looking at Darley Dale and Matlock – there should be less of a crisis. It probably reflects the fact that the percentage of social housing and starter homes being built is not enough. Maybe you have heard, as I have, that a considerable number of new homes become second homes and holiday lets. The governments – national and local need to lead on this, not the builders out to make a profit. *Chris*)

## Looking at you

### **Walking is a great way to exercise**

You may be young or old, working endless hours, or retired. But there is one exercise you can still undertake almost anywhere, for however long or short a time: walking.



According to health specialists, the simple act of walking “ticks so many boxes – improving our brain, mental and musculoskeletal fitness, as well as our physical fitness.”

Here are five reasons why:

#### **Walking raises your heart rate and makes you breathe faster.**

It gives you the benefit of a moderate aerobic workout – without the stress on your joints. As for your blood sugar levels, consider this: after a meal your blood sugar level rises and your pancreas releases insulin to bring it down. But even a five-minute walk can help by blunting the spike in blood sugar. Try and keep your pace brisk – aim for 100 to 130 steps a minute.

#### **Walking improves your bone density**

Walking briskly engages the muscles along the back side of your body – the glutes, hamstrings and calves. They in turn put a bit of pull on your bones, which stimulates your bones to produce osteoblasts, which improves your bone density and reduces your risk of osteoporosis.

#### **Walking improves your mood**

It stimulates your parasympathetic nervous system (nerves that relax the body during stress) and stimulates your amygdala (that part of you which controls your emotions). And if you can walk near water (rivers, coast, in the rain) you get exposed to negative ions in the air. These electrically charged molecules are excellent for your mental health.

### **Walking helps your brain**

You will sleep better, and your brain will be in better shape for memory and cognition. Walking also stimulates creative thinking – studies have found walking is a great time for problem-solving.

### **Walking helps your body shape**

An instant way to look younger is to stand tall. So, walk with your head up, shoulders back, and lengthen your back, to stand up straighter. And with firmer muscles, your overall body shape will improve, which in turn will boost your confidence!

(This is for me really as I definitely need to start walking regularly again! Anyone need a walking companion? – on the level (Mam Tor is a long way down on my 'to do' list at the moment! *Chris*)

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**(As the magazine editor, reading is something I champion so the following article from the Parish Pump certainly hit the spot.)**

### **Reading is 'invisible privilege', says new Children's Laureate**

Reading is an "invisible privilege," according to Frank Cottrell-Boyce, the new Children's Laureate. He was responding to studies which found that children who have not been read to when they were young face "massive barriers" as they go through life.

Cottrell-Boyce stresses: "For too long, the life-changing benefits of children's reading have not been taken seriously. And now we risk losing a generation unless we act." This is because there is an "epidemic of childhood unhappiness" post-pandemic.

Cottrell-Boyce says: "Reading is an invisible privilege that those who have don't think about. It's harder to see than other outward signs of poverty, but it's just as real."

He believes that having access to books as a young child offers that child “the keys to the kingdom.”

He went on: “Reading isn’t a silver bullet... but it is a major way to improve equality and bring fairness. To dramatically improve the quality of family life and open up possibilities, opportunities.”

And, referring to the pandemic, Cottrell-Boyce said that “the last time children faced disruption on this scale was during the mass evacuation of World War Two”.

#### ANSWERS

ACROSS: 8, Kiriath Jearim. 9, Toe. 10, Ill at ease. 11, Hated. 13, Miletus. 16, Started. 19, Micah. 22, Leviticus. 24, Eli. 25, Mary and Joseph.  
DOWN: 1, Sketch. 2, Priest. 3, Samizdat. 4, Shalom. 5, Wept. 6, Breast. 7, Embers. 12, Art. 14, Limassol. 15, UNA. 16, Salome. 17, Adverb. 18, Decade. 20, Clever. 21, Height. 23, Tear.

## Ed’s Endings

Once again, I must apologise for the delay in getting the magazine out. Alas, lateness is becoming my default characteristic. I often joke that we Townsends don’t have the ‘on-time’ gene. Mainly I never allow enough time to get where I’m supposed to be going at the agreed time. My dear friend Pauline Hall and I have invented our own time scale to deal with this. I will phone to arrange a visit at 2.00pm-ish or even afternoon-ish.

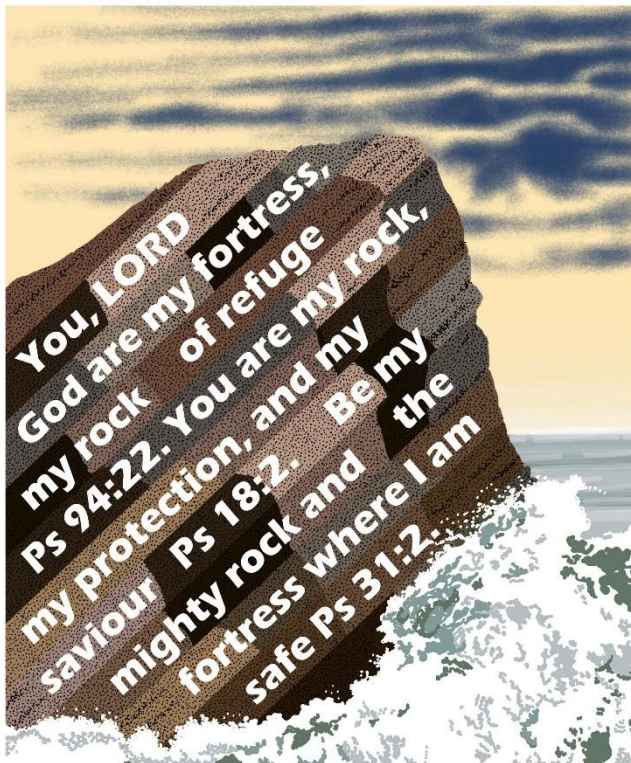
With this magazine and the last one (which finally came out as Summer 24) I think I have a reasonable excuse. I have not been well – in fact am still not well, but getting sorted (by the medical folk).

You won't have seen much of me over August as I felt I needed a mini sabbatical, but I hope to get back in stride in September.

Chris

All items for the next magazine to be with me by the 15<sup>th</sup> September, please: [christowns2@sky.com](mailto:christowns2@sky.com)

## Words of comfort and encouragement



# United Benefice Services in September

## St Helen's:

- Sunday 1<sup>st</sup> 11.00am Holy Communion  
2.00pm Open Door
- Sunday 8<sup>th</sup> 8.00am Holy Communion BCP  
**11.00am All Age Community Service**
- Friday 13<sup>th</sup> 11.00am Ecumenical H C
- Sunday 15<sup>th</sup> **11.00am Celebrating Darley Dale Service**
- Sunday 22<sup>nd</sup> 11.00am New Beginnings  
6.00pm Sacred Space – Celtic Holy Communion
- Sunday 29<sup>th</sup> **10.00am United Benefice Holy Communion  
at St Mary's, South Darley**

## St Mary's:

- Sunday 1<sup>st</sup> 10.00am Holy Communion
- Sunday 8<sup>th</sup> 11.00am **All Age Community Service at St Helen's**
- Sunday 15<sup>th</sup> 10.00am Holy Communion
- Sunday 22<sup>nd</sup> 10.00am Morning Worship
- Sunday 29<sup>th</sup> **10.00am United Benefice Holy Communion**

## St John's:

- Sunday 1<sup>st</sup> tbc
- Sunday 8<sup>th</sup> No service
- Sunday 15<sup>th</sup> 10.00am Holy Communion at St Mary's
- Sunday 22<sup>rd</sup> 4.15pm Holy Communion Cafe Service
- Sunday 29<sup>th</sup> **10.00am United Benefice Holy Communion  
at St Mary's, South Darley**

**Monday Evening Zoom Sessions:** Details and access invitation:  
[christownsend2@sky.com](mailto:christownsend2@sky.com)